

**Birmingham & Solihull Bees**

# ACADEMY CAMPS








## Bees brand new Academy Camps - October 2011

The Bees will be running their brand new Academy Camps this autumn! Be a part of 'the new look' camps and learn from the professionals!

These new look camps have had a complete makeover, from the coaching staff, right through to the content of the course.

The camps will include

-  Over 6 hours on pitch coaching every day
-  Off field advice from current (professional) players on topics such as nutrition, training, tactics and rehabilitation
-  Quizzes and competitions
-  Professional player appearances
-  Compete in our new 'Bee for the future' competition



**THE ACADEMY CAMP  
WILL BE RUNNING ON  
26th - 28th October 2011  
PORTWAY TRAINING  
FACILITY**

The Academy Camps will run  
from 9.00am till 5.00pm  
each day

### CAMP COST

£40 for one day  
£75 for two days  
£80 for three days

**Discount of £5 per day  
for siblings attending**

If you require any further  
information or would like to  
book a place on the camp,  
please contact the Bees at

[ben.seifas@beesrugby.com](mailto:ben.seifas@beesrugby.com)  
and mark your email Academy  
Camps or call 0121 705 0409

[www.beesrugby.com](http://www.beesrugby.com)



The kids will be coached by the Bees coaches  
Russell Earnshaw (also England 7's coach)  
and Eugene Martin (also Warwick school  
coach) alongside Bees players.



*Feel the buzz with Bees Junior Rugby*

